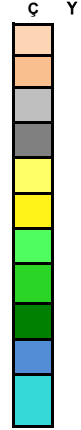


AİKİMÖDE AİKİ AKADEMİ SINAV TEKNİKLERİ

	IKKYO	IRIMINAGE	IRIMI NAGE URA	KOTE GAESHI	SUMI OTOSHI	ATEMI WAZA	KOHO IRIMI NAGE	KOKYU NAGE	
17.KYU					YOKOMEN UCHI (SW-TW)				UKEMI (MAE-USHIRO)
16.KYU	KOSA KATATE DORI (SW-TW)								
15.KYU							RYO KATADORI (SW-TW)		
14.KYU			KOSA KATATE DORI SHOMEN UCHI						
13.KYU	SHOMEN UCHI (SW-TW)								
12.KYU				KOSA KATATE DORI (SW-TW)					
11.KYU	YOKOMEN UCHI (SW-TW)					YOKOMEN UCHI (SW-TW)			
10.KYU	JUNTE KATATE DORI (SW-TW) RYO KATADORI (SW-TW)		YOKOMEN UCHI						
9.KYU					JUNTE KATATE DORI (SW-TW) GAMMENSUKI (SW-TW)	JUNTE KATATE DORI (SW-TW) GAMMENSUKI (SW-TW)			
8.KYU		SHOMEN UCHI KOSA KATATE DORI	JUNTE KATATE DORI		SHOMEN UCHI (SW-TW)	SHOMEN UCHI (SW-TW)			
7.KYU		YOKOMEN UCHI JUNTE KATATE DORI		SHOMEN UCHI YOKOMEN UCHI GAMMENSUKI			KOSA KATATE DORI	JUNTE KATATE DORI	



	IKKYO	NIKYO	SANKYO	YONKYO	GOKYO	SHIHO NAGE	IRIMI NAGE	KOTA GAESHI	KAITEN NAGE	TENCHI NAGE	JYUWAZA
6.KYU	SHOMEN UCHI (SW-TW)					KATATEDORI	SHOMEN UCHI				
MAYA UKEMI - USHIRO UKEMI - 1.TAISABAKI - 2.TAISABAKI - SHIKKO - KOKYU HO - KATATEDORI TEKAGAMI											
5.KYU		SHOMEN UCHI (SW-TW)						SHOMEN UCHI		RYOTEDORI	
4.KYU	KATADORI (SW-TW)	KATADORI (SW-TW)				YOKOMEN UCHI			KATATEDORI		
3.KYU			SHOMEN UCHI (SW-TW)	SHOMEN UCHI (SW-TW)		RYOTEDORI	TSUKI				
2.KYU			KATADORI (SW-TW)	KATADORI (SW-TW)		HANMI HANDACHI	KATATEDORI				KATATEDORI
1.KYU	YOKOMEN UCHI (SW-TW) USHIRO RYOTEDORI	YOKOMEN UCHI (SW-TW) USHIRO RYOTEDORI	YOKOMEN UCHI (SW-TW) USHIRO RYOTEDORI	YOKOMEN UCHI (SW-TW) USHIRO RYOTEDORI	YOKOMEN UCHI			TSUKI	RYOTEDORI		RYOTEDORI MOROTODORI
SHODAN HO	BÜTÜN SİLAHSIZ TEKNİKLER VE BÜTÜN JYUWAZALAR.										
SHODAN	BÜTÜN KİHON (TEMEL) VE BÜTÜN JYUWAZALAR.										

TEKNİKLER OMOTE VE URA OLARAK , SAĞ VE SOL TARAFTAN YAPILACAKTIR. SINAVI YAPAN HOCA DUR DİYENE KADAR DEVAM ETTİRİLECEKTİR.

TEMA SEMİNERİ

SW	SUWARIWAZA	YERDE OTURULARAK YAPILAN TEKNİKLER
TW	TACHIWAZA	AYAKTA YAPILAN TEKNİKLER
KATATEDORI	JUNTE-KOSA	TEK ELLE RAKİBİN BİLEĞİNİN YAKALANMASI
RYOTEDORI		İKİ ELLE RAKİBİN İKİ BİLEĞİNDEN TUTMASI
MOROTEDORI		İKİ ELLE RAKİBİN BİLEĞİNİ YAKALAMASI
USHIRO RYOTEDORI		ARKADAN İKİ ELLE RAKİBİN İKİ BİLEĞİNDEN TUTMASI

	TEMA SEMİNERİ	TEMA SEMİNERİ	TEMA SEMİNERİ
6.KYU-3.KYU	1	SHODAN HO-SHODAN	1
3.KYU-2.KYU	1	SHODAN-NİDAN	3
2.KYU-1.KYU	1	NİDAN-SANDAN	4
1.KYU-SHODAN HO	1	SANDAN-YONDAN	4